



Summer Intensive Dance Program

July 5 - 29, 2022

Welcome

Welcome to the Voorhees Ballet Theatre's 2022 Summer Dance Program hosted by Lowe Dance Studio. Because of our dedicated Staff and Faculty, this program is sure to be a rewarding and enjoyable dance experience for all of our students. Our goal is to give each student the education they need to progress into the next level of dance through this intensive four week summer program.

Classes

The Voorhees Ballet Theatre Summer Program is designed as an intensive summer study. While we strive to maintain a fun and enjoyable atmosphere for all of our Summer Program Students, students should be prepared for a demanding class schedule. Our goal is that at the conclusion of the program, each student is able to see the results of their four weeks of hard work. The program is divided into five levels of instruction including Ballet, Pointe, Variations, Pas de Deux, Modern, Contemporary, Jazz, Tap, Nutrition, Video and Dance History. The schedule of required dance classes for VBT's Summer Program begins either 9:00am, 10:00am, or 11:00am, Monday through Friday, and concludes late afternoon/early evening. Required classes for Level 1/2 students include Ballet, Modern, Jazz, Tap, Nutrition, Video and Dance History. Required classes for Level 3 include Ballet, Pointe, Modern, Jazz, Tap, Nutrition, Video and Dance History. Required class for Level 4/5 include Ballet, Pointe, Variations, Pas de Deux, Modern, Jazz, Tap, Nutrition, Video and Dance

****Please Note**** A student that may be taking Pointe at her regular school may not be scheduled for Pointe classes at the VBT Summer Program. Pointe work can be harmful if the student has not physically learned to use the proper leg and foot muscles necessary for Pointe. Students must have a stable body placement in order to effectively progress in their Pointe work. The most efficient way for students to improve their Pointe work is to improve their ballet technique.

Attendance/Reporting Absences

All students should attend all classes scheduled within their level. Missing classes during the program will not guarantee progress at full potential. Students who plan to miss a required class for any reason, must report their absence with a note (if this is known prior to the class), or phone call if the student has become ill or injured. Please call 856-784-0062 to report your absence. Students who are ill, including those with headaches, upset stomachs and cramps, may NOT observe class: they should be away from other students and resting. Once the student is well, he/she may return to class. Due to the intense schedule of the students, make-up classes for students missing classes are limited. Students may make up classes in classes below their particular level if this will fit into their schedule. Students unable to make up classes will have to forfeit tuition. Tuition cannot be adjusted for students missing classes for any reason. Any student who habitually misses class and falls behind may have to drop to a more appropriate level.

Students who do not take class because of injury must see an appropriate Medical Professional. Students with injuries should take as much of each class as they can, with a note from their Medical Physician. Students should modify exercises, if necessary, or do stretch exercises as recommended by their Physician. If the injury keeps the student from getting to class, the office should be contacted for a possible solution to this problem. Those who are injured may have to drop to a lower level while they are recovering to prevent further injury.

General Program Rules

All students are expected to be well-behaved, courteous, honest, and abide by the rules of The Voorhees Ballet Theatre Summer Program. Failure to do so will result in notification to parents, and/or immediate dismissal with forfeiture of tuition.

Students who cause excessive difficulties or endanger the health, safety, or welfare of themselves or others will be dismissed from the Program immediately with forfeiture of tuition.

All students must abide by the VBT attendance policy and dress code.

Students are not to touch the belongings of others in the studios.

Use or possession of drugs and pills of any kind (including over-the counter pain relievers, herbal supplements, diet pills and laxatives) is not permitted. Students who have permission to take medicine during the program may not offer that medicine to anyone else. Students may not take drugs and pills from anyone during the program.

No alcohol is allowed in the studios or on the premises.

Profanity is strictly prohibited.

In keeping with the honor system, students who witness infractions of rules must report them immediately to the appropriate staff person. Those who do not may be subject to disciplinary action.

Dress Code

The dress code is in effect for every class. Students not following the dress code will be asked to leave class.

Males:

- Hair, including bangs, must be neatly combed back out of the face and secured.
- Must be clean shaven.
- Dance belt
- Plain form-fitting white T-shirt or white leotard worn under tights. Black unitard may also be worn. Shirts or leotards of other conservative colors also may be worn if the student is in Level 4/5.
- Black tights. Tights must cover feet or white socks must be worn. Gaps between articles of clothing showing bare skin is not permitted.
- White socks, if worn, should not be higher than mid-calf.
- Black or white ballet shoes

Females:

- Hair must be worn in a bun or similar style for classes. All bangs must be neatly pinned or sprayed back.
- Ballet/Jazz/ Tap Levels 1, 2, and 3
 - Black leotard
 - Pink tights with feet worn in the shoes
 - Pink or black ballet shoes, tap shoes, jazz shoes, Pointe shoes (if applicable)
 - Black (Level 1, 2, 3) or colored leotards of any one color (Level 4)
 - Pink tights with feet worn in the shoes
 - Pink ballet shoes, pointe shoes, tap shoes, jazz shoes
- Modern/Contemporary (Level 1, 2, 3, 4, and 5)
 - Dress code as above except barefoot.
 - Tights of the appropriate color may be rolled up to mid-calf.
 - Long sleeved, hooded T-shirt to be worn for floor warm-up
 - Each student MUST bring a hand towel for warm-up

All students must wear the appropriate shoes for each class. No student shall take class barefoot with the exception of Modern or Contemporary class.

Important Dress Code Notes

All clothing and shoes brought to the studio should be marked with the name of the student. All dance clothing must be neat. Holes and frayed edges must be mended. No underwear should be worn, except for a bra (if needed). Bras should not be seen. Leotards must be traditional in style and of one solid color. Students may not wear skirts, leg-warmers, or other extra clothing in Ballet Technique class. Female students may wear short skirts in Pointe/Variations classes ONLY. Jazz pants, shorts, or other clothing is not acceptable in Modern, Jazz, or Tap classes. Students who have Pointe shoes should bring them to the summer program. Remember, students may not necessarily be scheduled for Pointe classes. Leg and foot braces and wrappings may not be worn, unless a note is written from their Medical Physician. Since this is a very intensive course, students with recent injuries or recovering from a long illness should carefully consider their readiness to attend this program. Students may not wear jewelry, including watches and rings in class. Small pierced earrings are acceptable. Contact lenses are recommended for students wearing glasses, but not required.

Class Placement: Sunday, July 3, 2022

Suzanne Steinbach, Artistic Director of The Voorhees Ballet Theatre, along with Guest teachers of the VBT Summer Intensive Dance Program will determine initial class placement on the basis of ability and age of each student. The schedule of your placement class will be as follows:

Students age 7-9 1:00-1:45

Students age 10-12 2:00-3:00

Students age 13 & up 3:15-4:15 (Students who have not begun pointe work)

Students age 12-14 4:30-5:45 (Students en pointe)

Students age 15 & up 6:00-7:30 (Students en pointe)

Students should arrive 30 minutes prior to placement class for registration. Students arriving late for Placement Class will be placed in a temporary level (based on age) for the program, until they can be assessed by the appropriate staff. Students will not be permitted to enter Placement Class once it has started.

Class Levels

The division of students into levels is based on ability with consideration of age. Based on the placement class, students are placed in the level where it is felt they will benefit the most from the program. Placement factors include technical achievement and the nature of individual problems observed in the class. The levels are taught according to the ability of the students in the level and not according to a certain syllabus for the level. Students who attended the program previously may SEEM to be placed in a lower level if the number of the level is lower. However, the students in the entire class may be at a higher level.

After the beginning of the Program, changes in class placement may be initiated by VBT Summer Program teachers ONLY—never by the student or parents of the student. On the rare occasions when adjustment in level is warranted, a change will be made as soon as possible (within a few days of the beginning of the program). If you have concerns about a student's class placement, please wait until the student has completed the first week of classes before calling the office. At that point, if the student still feels they are at a level too difficult, or if they are not being challenged, you may call the office at 856-784-0062 to discuss your concerns.

Program Fees

Tuition may be paid through two options. Option one: in full (at a discounted rate), or Option two: in four installments. There will be a \$25 late fee if the installment is not received by the deposit deadline. Please follow the payment schedule below for the 2022 Summer Intensive Dance Program. Payment can be made by cash, check, or money order to VBT or by credit card (Visa/Mastercard only). A \$35 fee will be charged for returned checks.

Option One - Payment in Full					
4 Weeks					
Level	Paid in Full by 3/15/22	Paid in Full by 4/15/22	Paid in Full by 5/15/22	Paid in Full by 6/15/22	Paid in Full by 7/5/22
1 and 2	\$1143	\$1193	\$1243	\$1293	\$1343
3	\$1230	\$1280	\$1330	\$1380	\$1430
4 and 5	\$1344	\$1394	\$1444	\$1494	\$1544
3 Weeks					
1 and 2	\$875	\$925	\$975	\$1025	\$1075
3	\$942	\$992	\$1042	\$1092	\$1142
4 and 5	\$1040	\$1090	\$1140	\$1190	\$1240
2 Weeks					
1 and 2	\$607	\$657	\$707	\$757	\$807
3	\$654	\$704	\$754	\$804	\$854
4 and 5	\$715	\$765	\$815	\$865	\$915
1 Week					
1 and 2	\$339	\$389	\$439	\$489	\$539
3	\$365	\$415	\$465	\$515	\$565
4 and 5	\$391	\$441	\$491	\$541	\$591

Option Two - Payment Plan				
4 Weeks				
Level	1st Deposit w/ Application due 4/15/21	2nd Deposit due 5/15/21	3rd Deposit due 6/15/21	Balance due 7/5/21
				Balance determined by placement class.
1 and 2 - \$1393	\$435	\$435	\$435	\$88
3 - \$1480	\$465	\$465	\$465	\$85
4 and 5 - \$1594	\$499	\$499	\$499	\$97
3 Weeks				
1 and 2 - \$1125	\$345	\$345	\$345	\$90
3 - \$1192	\$365	\$365	\$365	\$97
4 and 5 - \$1290	\$399	\$399	\$399	\$93
2 Weeks				
1 and 2 - \$857	\$255	\$255	\$255	\$92
3 - \$904	\$270	\$270	\$270	\$94
4 and 5 - \$965	\$289	\$289	\$289	\$98
1 Week				
1 and 2 - \$589	\$165	\$165	\$165	\$94
3 - \$615	\$175	\$175	\$175	\$90
4 and 5 - \$630	\$180	\$180	\$180	\$90