



Summer Intensive Dance Program

July 8 - 26, 2024

Welcome

Welcome to the Voorhees Ballet Theatre's 2024 Summer Dance Program hosted by Lowe Dance Studio. Our dedicated Staff and Faculty is committed to ensure a rewarding and enjoyable dance experience for all of our students. Our goal is to give each student the education they need to progress into the next level of dance through this intensive three week summer program.

Classes

The Voorhees Ballet Theatre Summer Program is designed as an intensive summer study. While we strive to maintain a fun and enjoyable atmosphere for all of our Summer Program Students, students should be prepared for a demanding class schedule. Our goal is that at the conclusion of the program, each student is able to see the results of their three weeks of hard work. The program is divided into five levels of instruction including Ballet, Pointe, Variations, Pas de Deux, Modern, Contemporary, Jazz, Tap, Nutrition, Video and Dance History. The schedule of required dance classes for VBT's Summer Program begins either 9:00am, 10:00am, or 11:00am, Monday through Friday, and concludes late afternoon/early evening. Required classes for Level 1 students include Ballet, Jazz, Tap, Nutrition, Video and Dance History. Required classes for Level 2/3 include Ballet, Modern, Jazz, Tap, Nutrition, Video and Dance History. Required class for Level 4/5 include Ballet, Pointe, Variations, Pas de Deux (when applicable), Modern, Jazz, Tap, Nutrition, Video and Dance History.

*****Please Note*****A student that may be taking Pointe at her regular school may not be scheduled for Pointe classes at the VBT Summer Program. We stress more strength and body alignment to fully progress in Pointe work. Taking more Ballet Technique classes will ensure students will obtain more strength to perfect body alignment. Pointe work will naturally improve with emphasis on basic technique.

Attendance/Reporting Absences

All students should attend all classes scheduled within their level. Missing classes during the program will not guarantee progress at full potential. Students who plan to miss a required class for any reason, must report their absence with a note (if this is known prior to the class), or phone call if the student has become ill or injured. Please call 856-784-0062 to report your absence. Students are not permitted to observe classes for any reason. Those who are ill (including those with headaches, upset stomachs and cramps) should remain at home to get well and return to class with a Dr. note, if applicable. Due to the intense schedule of the students, make-up classes for students missing classes are limited. Students may make up classes in classes below their particular level if this will fit into their schedule. Students unable to make up classes will have to forfeit tuition. Tuition cannot be adjusted for students missing classes for any reason. Any student who habitually misses class and falls behind may have to drop to a more appropriate level.

Students who are unable to take class because of injury must see an appropriate Medical Professional. Students with injuries should take as much of each class by modifying as recommended by their physician. Please submit a Dr. note with restrictions. If the injury keeps the student from getting to class, the office should be contacted for a possible solution to this problem. Those who are injured may have to drop to a lower level while they are recovering to prevent further injury.

General Program Rules

All students are expected to be well-behaved, courteous, honest, and abide by the rules of The Voorhees Ballet Theatre Summer Program. Failure to do so will result in notification to parents, and/or immediate dismissal with forfeiture of tuition.

Students who cause excessive difficulties or endanger the health, safety, or welfare of themselves or others will be dismissed from the Program immediately with forfeiture of tuition.

All students must abide by the VBT attendance policy and dress code.

Students are not to touch the belongings of others in the studios. Please respect the space each student has reserved in their cubby. Students are not permitted to go into another student's cubby without permission. Leave all valuables at home and only pack in your dance bag what is needed for your program.

Use or possession of drugs and pills of any kind (including over-the-counter pain relievers, herbal supplements, diet pills and laxatives) are not permitted. Students who have permission to take medicine during the program may not offer that medicine to anyone else. Students may not take drugs and pills from anyone during the program.

No alcohol is allowed in the studios or on the premises.

Profanity is strictly prohibited.

In keeping with the honor system, students who witness infractions of rules must report them immediately to the appropriate staff person. Those who do not may be subject to disciplinary action.

Dress Code

The dress code is in effect for every class. Students not following the dress code will be asked to leave class.

Males:

- Hair, including bangs, must be neatly combed back out of the face and secured.
- Must be clean shaven.
- Dance belt
- Plain form-fitting white T-shirt or white leotard worn under tights. Black unitard may also be worn. Shirts or leotards of other conservative colors also may be worn if the student is in Level 4/5.
- Black tights. Tights must cover feet or white socks must be worn. Gaps between articles of clothing showing bare skin is not permitted.
- White socks, if worn, should not be higher than mid-calf.
- Black or white ballet shoes
- Please apply deodorant as needed

Females:

- Hair must be worn in a bun or similar style for **ALL** classes. All bangs must be neatly pinned or sprayed back. Students are not permitted to take their bun out once they are finished with their ballet classes unless instructor has requested them to
- Please apply deodorant as needed
- Ballet/Jazz/ Tap Levels 1, 2, 3, 5, and 5
 - Black leotard
 - Pink tights with feet worn in the shoes
 - Pink ballet shoes, tap shoes, jazz shoes, pointe shoes (level 4/5 if applicable)
 - Black (Level 1, 2, 3) or maroon/reddish colored leotards (level 4), or any colored leotard of any one color (Level 5)
- Modern/Contemporary Level 2, 3, 4, and 5
 - Dress code as above except barefoot.
 - Tights of the appropriate color may be rolled up to mid-calf.
 - Long sleeved, hooded T-shirt to be worn for floor warm-up

- Each student MUST bring a hand towel for warm-up

All students must wear the appropriate shoes for each class. No student shall take class barefoot with the exception of Modern or Contemporary class.

Important Dress Code Notes

All dance clothing must be neat. No underwear should be worn, except for a bra (if needed). Bras should not be seen. Leotards must be traditional in style and of **one solid** color. Students may not wear skirts, leg-warmers, or other extra clothing in Ballet Technique class. Female students may wear short skirts in Pointe/Variations classes **ONLY**. Jazz pants, shorts, or other clothing is not acceptable in Modern, Jazz, or Tap classes. Students who have Pointe shoes should bring them to the summer program if they are scheduled for Pointe class. Remember, students may not necessarily be scheduled for Pointe classes. Leg and foot braces and wrappings may not be worn, unless a note is written from their Medical Physician. Since this is a very intensive course, students with recent injuries or recovering from a long illness should carefully consider their readiness to attend this program. Students may not wear jewelry, including watches and rings in class. Small pierced earrings are acceptable. Contact lenses are recommended for students wearing glasses, but not required.

Class Placement: Sunday, July 7, 2024

Suzanne Steinbach, Artistic Director of The Voorhees Ballet Theatre, along with Guest teachers of the VBT Summer Intensive Dance Program will determine initial class placement on the basis of ability and age of each student. The schedule of your placement class will be as follows: ***Schedule is subject to change according to registrations***

Students age 7-9 1:00-1:45

Students age 10-12 2:00-3:00

Students age 13 & up 3:15-4:15 (Students who have not begun pointe work)

Students age 12-14 4:30-5:45 (Students en pointe)

Students age 15 & up 6:00-7:30 (Students en pointe)

Students should arrive 30 minutes prior to placement class for registration. Students arriving late for Placement Class will be placed in a temporary level (based on age) for the program, until they can be assessed by the appropriate staff. Students will not be permitted to enter Placement Class once it has started.

Class Levels

The division of students into levels is based on ability, with consideration of age. Based on the placement class, students are placed in the level where it is felt they will benefit the most from the program. Placement factors include technical achievement and the nature of individual problems observed in the class. The levels are taught according to the ability of the students in the level and not according to a certain syllabus for the level. Students who attended the program previously may SEEM to be placed in a lower level if the number of the level is lower. However, the students in the entire class may be at a higher level.

After the beginning of the Program, changes in class placement may be initiated by VBT Summer Program teachers **ONLY**—never by the student or parents of the student. On the rare occasions when adjustment in level is warranted, a change will be made as soon as possible (within a few days of the beginning of the program). If you have concerns about a student's class placement, please wait until the student has completed the first week of classes before emailing the office. At that point, if the student still feels they are at a level too difficult, or if they are not being challenged, you may email Lowe Dance Studio - Lowedancestudio@gmail.com to discuss your concerns.

Program Fees

Tuition may be paid through two options. Option one: in full (at a discounted rate), or Option two: in four installments. There will be a \$25 late fee if the installment is not received by the deposit deadline. Please follow the payment schedule below for the 2024 Summer Intensive Dance Program. Payment can be made by cash, check, or money order to VBT or by credit card (Visa/Mastercard only). A \$35 fee will be charged for returned checks.

Option One - Payment in Full						
4 Weeks						
Level	Paid in Full by 2/15/24	Paid in Full by 3/15/24	Paid in Full by 4/15/24	Paid in Full by 5/15/24	Paid in Full by 6/15/24	Paid in Full by 7/3/24
1 and 2		\$1143	\$1193	\$1243	\$1293	\$1343
3		\$1230	\$1280	\$1330	\$1380	\$1430
4 and 5		\$1344	\$1394	\$1444	\$1494	\$1544
3 Weeks						
1	\$825	\$875	\$925	\$975	\$1025	\$1075
2 and 3	\$892	\$942	\$992	\$1042	\$1092	\$1142
4 and 5	\$990	\$1040	\$1090	\$1140	\$1190	\$1240
2 Weeks						
1	\$557	\$607	\$657	\$707	\$757	\$807
2 and 3	\$604	\$654	\$704	\$754	\$804	\$854
4 and 5	\$665	\$715	\$765	\$815	\$865	\$915
1 Week						
1	\$289	\$339	\$389	\$439	\$489	\$539
2 and 3	\$315	\$365	\$415	\$465	\$515	\$565
4 and 5	\$341	\$391	\$441	\$491	\$541	\$591

Option Two - Payment Plan				
4 Weeks				
Level	1st Deposit w/ Application due 4/15/23	2nd Deposit due 5/15/23	3rd Deposit due 6/15/23	Balance due 7/3/23 Balance determined by placement class.
1 and 2 - \$1393	\$435	\$435	\$435	\$88
3 - \$1480	\$465	\$465	\$465	\$85
4 and 5 - \$1594	\$499	\$499	\$499	\$97
3 Weeks				
1 - \$1125	\$345	\$345	\$345	\$90
2 and 3 - \$1192	\$365	\$365	\$365	\$97
4 and 5 - \$1290	\$399	\$399	\$399	\$93
2 Weeks				
1 - \$857	\$255	\$255	\$255	\$92
2 and 3 - \$904	\$270	\$270	\$270	\$94
4 and 5 - \$965	\$289	\$289	\$289	\$98
1 Week				
1 - \$589	\$165	\$165	\$165	\$94
2 and 3 - \$615	\$175	\$175	\$175	\$90

4 and 5 - \$641	\$190	\$190	\$190	\$71
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Summer Intensive Dance Program

July 8-26, 2024

APPLICATION

Please circle one:

- I will attend one week of intensive study.
.....July 8-July 12 July 15-July 19 July 22-July 26
- I will attend two weeks of intensive study.
.....July 8-July 19 July 15-July 26
- I will attend three weeks of intensive study.
.....July 8-July 26

Name_____

Age_____ Birthdate_____

Address_____

City/State_____ Zip Code_____

Mother's Name_____ Work/Cell Phone_____

Father's Name_____ Work/Cell Phone_____

Email address_____

Student's email address_____

For office use ONLY.

Option One:

Full Amount Paid:_____ Date:_____ Check #_____ OR Cash_____ Credit card_____

Potential Level _____

Option Two:

1st Deposit Amount Paid:_____ Date:_____ Check #_____ OR Cash_____ Credit Card_____

2nd Deposit Amount Paid:_____ Date:_____ Check #_____ OR Cash_____ Credit Card_____

3rd Deposit Amount Paid:_____ Date:_____ Check #_____ OR Cash_____ Credit Card_____

Balance Amount Paid:_____ Date:_____ Check #_____ OR Cash_____ Credit Card_____